



ONTARIO & QUEBEC
GUIDE TO
HI HOSTELS
2009-10

Québec




petit futé

QUEBEC CITY



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46°N 71°W

Population :

Town : 490,000
inhabitants

Town and suburbs :
715,000 habitants
218 people per km²

You'll agree with us as soon as you lay your eyes upon this beautiful and charming city, one of UNESCO's World Heritage Sites: it's a true gem! But don't be fooled, Quebec City isn't just a pretty face. Hip neighborhoods and a busy nightlife make for unforgettable good times.

The capital of the province of Quebec pairs 400 years of history with a dynamic present-day culture. Architecture buffs will enjoy walking the cobbled streets surrounding the Frontenac Castle, that famed city landmark. Night owls will bar-hop in and around trendy districts like Grand Allée, Old Quebec or Saint-Roch,

If outdoor fun is what you're into, the Quebec region abounds with parks perfect for hiking, canoeing, biking or skiing. And don't miss the Montmorency Falls, especially in the winter when the frozen torrents create an amazing ice wall.

HI-Quebec AUBERGE INTERNATIONALE DE QUEBEC

19, Sainte-Ursule | 418-694-0755 / 1-866-694-0950

www.hihostels.ca/hiquebec | hiquebec@hihostels.ca

Open all year-round

The hostel has a prime location at the heart of old Quebec City. The building itself is around 200 years old and once belonged to a congregation of nuns. Today, it's a very lively accommodation, staffed with fun people who enjoy organizing tons of activities and day trips in the area. Whether you came to Quebec City to soak in the history or to party the night away (or both!), it's a fantastic place to stay!



Getting there by public transportation

From the Jean-Lesage Airport: Your only option is to take a cab (\$30). The hostel offers a carpooling service for returns to the airport.

From the Gare du Palais (train station and bus terminal): Exit the station from the main exit. Cross St-Paul Street. Take St-Nicolas Street and go up Côte du Palais. Turn right on St-Jean Street, then left on Ste-Ursule Street, arriving at #19. Be warned: it's a steep walk up! Another option is taking a cab, which should set you back \$6.

Rates: **Shared rooms:** from \$24 for members and \$28 for non-members. | **Private rooms:** from \$70 for members and \$74 for non-members, breakfast included.

Number of beds: 25 private rooms, 41 shared rooms. Nearly 280 beds in total.

On-site services: Free Wi-Fi Internet access (\$, good rates), tourist and cultural information, meeting rooms, kitchen, café (this breakfast nook becomes a cozy bar in the evening), laundromat, left-luggage service, bike rack, reading lounge/library, board games, ping-pong table, pool table, foosball, TV room, daily activities program.

Amenities for families: Folding beds and playpen for small children, toys and board games, high chairs.

ACTIVITIES

YEAR-ROUND

OLD QUEBEC CITY

Old Quebec City is the province's single most visited borough. It is divided in two, with one section located on the waterfront and the other on Cap Diamant's strategic heights. Many religious and political institutions occupy choice locations in the uptown section: the City Hall, the Seminary of Quebec, the Ursulines Convent, the Augustinian Monastery, and the Hôtel Dieu Hospital. Businesses and crafts are found in the lowertown section, especially in the Petit Champlain district, which is home to many inviting boutiques.

SAINT ROCH DISTRICT

Saint Roch, one of Quebec's oldest suburbs, has emerged as the new trendy district in town. Art galleries, artist's spaces, and fashion boutiques share the streets. With its appealing old-school industrial architecture, cute alleys, and great shops, this neighbourhood is a true charmer.





MUSÉE DE LA CIVILISATION

85, Dalhousie | 418-643-2158

www.mcq.org/en/mcq/

Mid-October to end of June: open Tues.–Sun. from 10 am to 5 pm. June 24 to September 1: open daily 9 am to 7 pm. September 2 to October 13: open daily 10 am to 5 pm. Adults: \$10. Discounts for HI members.

The building (1988), was designed by the famous architect Moshe Safdie. The museum offers more than 10 exhibits at any given time. A must-see is the Encounter with the First Nations exhibit, which describes the lifestyle of Quebec's 11 first nations.

MUSÉE NATIONAL DES BEAUX-ARTS DU QUEBEC

Battlefields Park

418-643-2150

www.mnba.qc.ca/Home.aspx

September 2 to October 26, 2008: open daily 9 am to 5 pm, Wed. to 10 pm.

October 27, 2008, to May 31, 2009: open Tues.–Sun. 9 am to 5 pm, Wed.

to 9 pm. June 1 to September 7, 2009:

open daily 10 am to 6 pm, Wed. to 9 pm.

Adults: \$15. Discounts for HI members.

This majestic building, located in Battlefields Park, houses the capital's largest art collection.

There are eight permanent exhibits. Don't miss the Inuit art section, filled with beautiful pieces donated by collector Raymond Brousseau.

THE COMPLEXE MÉDUSE

541, Saint-Vallier Est | 418-640-9218

www.meduse.org

Attention all avant-garde culture aficionados! This is a multidisciplinary complex that promotes creativity in visual arts and "performance arts." Ask for their program during your next stay. In a space so dynamic, exhibits and shows change all the time!

SIX-ASSOCIATES HISTORICAL GUIDED TOURS

820 Charest Boulevard, East, suite 232

418-692-3033 / 1 877-692-3033

www.sixassociates.com

Tickets are sold at Quebec's Infotouriste centre, located at 12 Ste-Anne Street.

Tours offered in both French and English. Discounts for HI members.

Unconventional and smart tours organized around several unusual themes. A few examples: "The Lily and the Lion" tour introduces you to how French and English lifestyle and culture have evolved over the past 400 years; the "Lust and Drunkenness" tour invites you to explore the dark depths of 19th-century Quebec nightlife, ripe with grandiose decadence and ladies of the night; while "Crime and Punishment" brings you back to 1900 for a tour that revisits the city's famous crimes and the punishments that befell their authors.

OBSERVATOIRE DE LA CAPITALE

Marie-Guyart Building | 1037, de la Chevrolière | 418-644-9841
www.observatoirecapitale.org
Ascending Quebec's tallest building (221 metres high) allows you to appreciate the city's history in one sweeping glance. Needless to say, the view is fantastic as well.

BATTLEFIELDS PARK

www.ccbn-nbc.gc.ca/_en/
It was here, on the Plains of Abraham, that Wolfe and Montcalm fought it out in 1759. The battle's outcome forever altered the fate of Quebec. Historical landmarks (commemorative plaques, monuments, artillery pieces) are scattered throughout this 125 hectare green expanse, which is dotted with wooded areas and gardens. Exploring the Plains makes for a great outing. In the winter, 14 kilometres of cross-country skiing trails are yours to enjoy.

SUMMER

QUEBEC FERRY

Traversiers Street | 1 877-787-7483
<http://www.traversiers.gouv.qc.ca/en/>
To catch a glimpse of the city's natural setting as it was

discovered by Cartier and Champlain, take the ferry to Lévis. For a very reasonable price, you can admire this beautiful city from the waters. Great vistas.

GHOST TOURS OF QUEBEC

85, Saint-Louis | 418-692-9770
www.ghosttoursofquebec.com
English and French language tours, May 1 to October 31.

When dusk falls upon the Old City, long-forgotten stories re-emerge. These guided tours of Old Quebec City bring alive 350 years of murder, execution, tragedy, and mystery.

Surrounding Area

MONTMORENCY FALLS PARK

2490, Royale Avenue, Quebec
418-663-3330
www.sepaq.com/ct/pcm/en/
6 km east of Quebec's downtown. Access to the upper section of the falls via Royale Avenue (route 360) and to the lower section via Sainte-Anne Boulevard (route 138). Buses 50 and 53.

Although the falls is not quite as wide as Niagara Falls, its 30-metre drop is still rather impressive. In the winter, the water torrent slows down and the stream forms an impressive ice wall.

DINING



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BUFFET DE L'ANTIQUAIRE

95, Saint-Paul | 418-692-2661

Discounts for HI members.

Perfectly integrated in the Antiques District, this restaurant is a favourite hangout for the locals. A perfect place to sample Quebec's family-style cooking: baked beans, homemade jams, and other traditional dishes.

AU BONNET D'ÂNE

298, Saint-Jean | 418-647-3031

Discounts for HI members.

This neighbourhood café inhabits what used to be an old general store. The building materials and interior decorative items are all original vintage. The menu invites guests to review their general knowledge: burgers and fries from around the world for geography; whole-meal salads for ecology; and a selection of pastas for latin.

LE PETIT COIN LATIN

8 1/2, Sainte-Ursule | 418-692-2022

Discounts for HI members.

Blow-your-mind breakfasts are the main attraction in this little slice of paradise. The many breakfast options, original, adventurous, generous – and always delicious – are served on a secluded terrace. Simply divine! The lunch and dinner options are simple, but the prices are good.

COSMOS CAFÉ

575, Grande-Allée Est | 418-640-0606 | www.lecosmos.com

At Cosmos, satisfying and decently priced food is enjoyed in a laid-back atmosphere. Eclectic decor. The enthusiastic staff delivers incredibly delicious gigantic salads, grills, burgers, pizzas, etc.

GOING OUT

HAVING A DRINK

LA BARBERIE

310, Saint-Roch | 418-522-4373 | www.labarberie.com

Discounts for HI members.

Unique brews to sip in a Viking-themed bar. More than 130 beer recipes have been developed on site. Pleasant terrace in the summer.

LE SACRILÈGE

447, Saint-Jean | 418-649-1985 | www.lesacrilege.net

Music concerts and radio shows captured live.

Don't miss this place! Whoever ventures into the depths of this Saint-Jean-Baptiste district bar is in for quite a surprise! Very pleasant terrace.

LE SCANNER BISTRO MULTIMÉDIA

291, Saint-Vallier Est | 418-523-1916 | www.scannerbistro.com

This alternative bar is a great spot to unwind and check your e-mail (free Internet access). A pool game is a must between drinks. The setting itself is quite charming – a tad dark in the winter, but in a way that encourages new encounters. Projection screens, foosball and pool tables, video games, and music all add to the ambience.

LE PAPE GEORGES

8, du Cul-de-Sac | 418-692-1320 | www.papegeorges.com

Singer-songwriters and blues/jazz concerts: Fri. & Sat. (also Wed. & Thurs. during the summer.) Discounts for HI members.

In this basement locale with its solid brick walls, jazz shows and various singers provide entertainment for an audience comfortably seated by the fireplace.

DANCING

LE DAGOBERT

600, Grande Allée Est | 418-522-0393 | www.dagobert.ca

The "Dag," as regulars call it, is the place where night owls meet to dance the night away to the sound of loud music. And what music! A crew of resident DJs are on rotation to set the crowd on fire. Projection screens and state-of-the-art sound-and-light performances.

MAURICE

575, Grande Allée Est | 418-647-2000 | www.mauricenightclub.com

Occupying a rather odd and unforgettable house, the Maurice boast four bars and three floors, all with a different atmosphere. The music alternates between dance, Latin music, R&B, and jazz. The decor is pleasant and sophisticated.

MEMBER DISCOUNTS

(in addition to those previously mentioned)

ST-PATRICK IRISH PUB

10% off à la carte menu
and/or table d'hôte

1200, Saint-Jean
418-694-0618

LES CROISIÈRES AML

10% discount on cruises

124, St-Pierre
418-692-2634
www.croisieresaml.com

TOURS DU VIEUX-QUEBEC

10% discount on all packages

2632, boulevard Louis-XIV | 418-664-0460
www.toursvieuxquebec.com

CYCLO SERVICES

10% discount on bike rental

160, Quai St-André | 418-692-4052 | www.cycloservices.net

POURVOIRIE DU LAC-BEAUPORT

\$5.00 discount on horseback riding, dogsledding,
snowshoeing, or snowmobiling

33, chemin de la Coulée | 418-849-4252
www.pourvoiriedulacbeauport.com